**MONTFORD FOOTBALL**

**SPRING PRACTICE**



**ELIGIBILTY**: All rising 7th & 8th graders as well as zoned homeschools students are welcome. Previous playing experience is not required to participate. All student-athletes must be fully cleared in the Aktivate Athlete registration platform. Information and links can be found on the Montford Athletic Website.

**Students must be cleared in Aktivate no later than Sunday, May 11th at 5:00 p.m. in order to be eligible to participate.**

**PRACTICE DATES:**

Leon County Schools permits practice to begin after track season concludes. Our 2024 dates will be Monday May 12th through Friday May 16th.

**PRACTICE TIME:** 4:00-5:45 Montford football fields. Practice will begin and end on time. Players need to arrange rides home no later than 6pm.

**DRESS:** Per Leon County Schools rule, no helmets or pads are permitted during middle school spring practice. Athletic shorts, t-shirt, cleats and a personal water bottle are required at each practice. Water will be provided by the program at each practice.

**PURPOSE:** The 5 days of Montford Football Spring Practice will be focused on fundamentals, safety, skill development, concept education and understanding of the rules. *Participation and completion of spring practice does not constitute making of the fall season team.* Tryouts for the fall roster will begin July 28th. (*This date is subject to change by Leon County Schools but is unlikely to move*).

**EXPECTATIONS:** It is the expectation of the coaching staff that each and every player be present for the entirety of all practices, report on time with all equipment, give full effort and demonstrate respect for all involved. Any player who does not meet these expectations will be asked to leave and not return. Participation in Montford Middle School Athletics is a privilege and not a right.